

What is Amnesty International?

Amnesty is a worldwide movement of "ordinary" people working together to achieve extraordinary results. We build towards a world where every person enjoys the rights included in the Universal Declaration of Human Rights and other international human rights standards.

Change begins each time a single, concerned person speaks out against wrongdoing.

For more info on A.I. in Canada, please visit www.amnesty.ca

For more info on A.I. work in Montreal, please visit www.amnestymontreal.org

Pour plus d'informations sur la branche francophone d'A.I. Canada, s'il vous plaît visitez www.amnistie.ca

**AMNESTY
INTERNATIONAL**



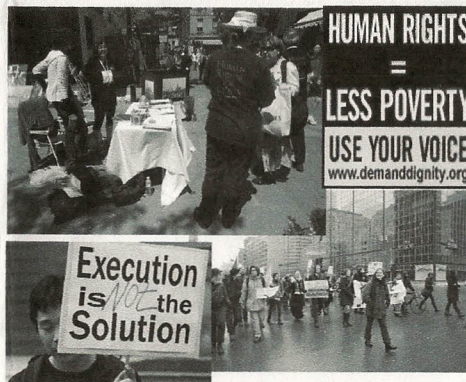
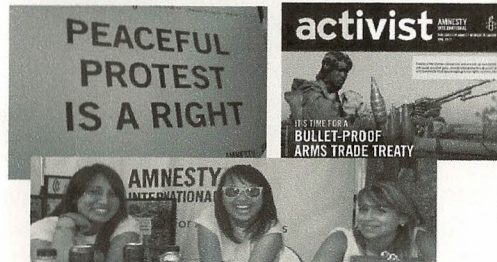
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What is Amnesty International?

Amnesty International is a worldwide movement of "ordinary" people who work together to achieve extraordinary results. Each day we stand in solidarity with - and help protect - individuals and communities around the world whose human rights are under attack. We appeal for the violations to stop. We mobilize public pressure to prevent human rights abuses from taking place. And we offer hope to those in difficult situations.

Defending
human rights
Voices of hope
Voices of change



**EXPOSE THE TRUTH.
SPEAK OUT. CREATE CHANGE.**

Amnesty members come from many different cultures and backgrounds. What unites us is our determination to build a world where all people live in dignity, security and freedom.

"It's better to light a candle than curse the darkness"

Who is Amnesty Group 16?

Group 16 is a community group serving the English-speaking population of downtown Montreal and its surrounding communities. We are a dynamic group of people of many ages and backgrounds, including long-time activists as well as new members. Though all members work together, **Action Networks** are sub-groups within Group 16 for those who like to focus on a particular topic or region of the world. We currently have sub-groups on the following topics:



China and its human rights record
East African Countries
North Andean Countries
Middle Eastern Countries
Death Penalty Around the World
Demand Dignity (Poverty and Human Rights)

Our group usually meets on the third Sunday of each month from September to June, and we hold various public events throughout the year. *To find out when our next meeting is or how you can get involved, visit www.amnestymontreal.org or check out our Facebook page under 'Amnesty International – Group 16 Montreal'*

What about other Amnesty work in Canada?

Amnesty has groups and volunteers in just about every city and community in Canada. Montreal has a group in the West Island as well as student groups in high schools and universities. To find these and other English-speaking groups, visit www.amnesty.ca/members/find_a_group or to find a local French-speaking group in Quebec, visit www.amnistie.ca and look under the heading 'Militier Avec AI'.

Amnesty International includes many themes according to each person's interest and expertise. Here are some of those ideas brought to life:



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Yogi Da Ji



What can you do to get involved?

- **Everyone's welcome to join Amnesty!** It's easy to get involved in a nearby community or school group! Downtown Montreal's Group 16 meets on the 3rd Sunday of each month from September to June. (For more info on Grp 16 or other Montreal groups, please visit www.amnestymontreal.org)
- **Sing, Paint, Design, Create, Dance, Act, Write for Human Rights!** There are many ways to get involved, using your talents to spread the word, take action to end abuses, and raise money for international work! For more info on how to take part, or current human rights actions being taken around the world, please visit www.amnesty.ca.
- There are many more ways to get involved! Visit www.amnesty.ca or attend a local group's meeting to see how you can take part!